

AGENDA

FRIDAY, SEPTEMBER 22, 2023

- 11:30 AM – 12:25 PM** Lunch
- 12:25 PM – 12:30 PM** **Introduction / Opening Remarks**
Karen C. Johnson, MD, MPH
- 12:30 PM – 1:30 PM** **BP Control in the Post SPRINT Era**
Jackson T. Wright Jr., MD, PhD
- 1:30 PM – 2:15 PM** **An Update of the Systolic Blood Pressure Intervention Trial (SPRINT)**
Karen C. Johnson, MD, MPH
- 2:15 PM – 3:00 PM** **How to Treat Hypertension in the Post SPRINT Era**
William C. Cushman, MD
- 3:00 PM – 3:30 PM** **Panel Discussion**
Karen C. Johnson, MD, MPH
Jackson T. Wright Jr., MD, PhD
William C. Cushman, MD
- 3:30 PM – 3:40 PM** **Closing Remarks and Adjournment**

PROFESSIONAL PRACTICE GAP

Hypertension is a significant cause of morbidity and mortality and a major risk factor for cardiovascular disease as well as stroke, end-stage renal failure, and peripheral vascular disease. According to the Centers for Disease Control and Prevention (CDC) nearly half of the adults in the United States have hypertension (48.1%, 119.9 million), defined as a systolic blood pressure greater than 130 mmHg or a diagnostic blood pressure greater than 80 mmHg or are taking medication for hypertension. Also, hypertension is associated with shorter life expectancy. Over the last decade, there have been numerous updates in the treatment of patients with hypertension. Our target audience's current professional practice is less than ideal or could be better in terms of its knowledge and competence in the methodologies to reduce elevated blood pressure that results in improved patient outcomes. Clinical inertia can also be an issue if healthcare providers fail to initiate or intensify antihypertensive therapy when indicated. However, disparities in the treatment of hypertension still exist. This lecture is designed to give healthcare professionals the latest evidence-based medicine that could be utilized in clinical practice for the prevention and management of hypertension in patients.

REGISTRATION

Space is limited. Online registration is available at:
<https://cenow.uthsc.edu/content/2023-james-horner-dvp-sprint-ahead>
There is no cost to attend this lecture.

ACTIVITY LOCATION

The University of Tennessee Health Science Center
Hamilton Eye Institute - Freeman Auditorium
930 Madison Avenue, 3rd Floor • Memphis, TN 38163

PARKING

- **Hamilton Eye Institute Parking Garage (H Lot)**
Location: Madison Avenue at Pauline Street
(across from Landau Uniforms)

CONTACT INFORMATION

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EEO/AA/Title VI/Title IX/Section 504/ADA/ADEA institution in
the provision of its education and employment programs and services.*



SPRINT AHEAD

AN UPDATE IN HYPERTENSION

2023 James H. Horner, MD
Distinguished Visiting Professor

Jackson T. Wright Jr., MD, PhD

Program Director; William T. Dahms Clinical Research Unit
and Director, Clinical Hypertension Program
UH Cleveland Medical Center
Professor Emeritus, CWRU School of Medicine

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OVERVIEW

James H. Horner was a medical student who died shortly before his expected graduation from the University of Tennessee Health Science Center. His medical degree was awarded posthumously in June 1988. Dr. Horner's family established this distinguished professorship in his name "to promote education, compassion, and academic excellence in the practice of medicine". Join us as we welcome expert speakers who will discuss hypertension guidelines and treatment.

EDUCATIONAL OBJECTIVES

- Describe the various guidelines for the diagnosis and treatment of hypertension
- Identify the importance of lifestyle factors in managing and controlling hypertension
- Define the first, second, and subsequent line treatment options for patients with hypertension

DESIRED OUTCOME

This lecture is designed to provide interactive educational activities that discuss complicated case scenarios that have been shown to improve participant application of evidence-based medicine for patients with hypertension. Providing a format for adult learning that includes lectures, case-based studies, an interactive question and answer session, collaborative sharing of patient care issues, and networking with other healthcare professionals has shown to improve participant knowledge and competency.

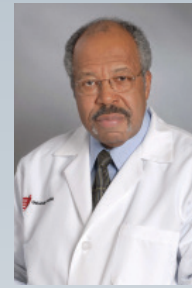
TARGET AUDIENCE

Internal Medicine Physicians, Family Medicine Physicians, Nurses, Nurse Practitioners, Physician Assistants, Fellows, Residents, and Medical Students

ACTIVITY MEDICAL DIRECTOR

Karen C. Johnson, MD, MPH

Co-Director, Tennessee Clinical and Translational Science Institute
Chair and Endowed Professor
Department of Preventive Medicine
University of Tennessee Health Science Center



**2023 James H. Horner
Distinguished Visiting Professor**

Jackson T. Wright Jr., MD, PhD

Program Director, William T. Dahms
Clinical Research Unit and Director
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Jackson T. Wright Jr., MD, PhD, FACP, FASH, FAHA is Professor of Medicine and Program Director of the William T. Dahms MD Clinical Research Unit at University Hospitals Cleveland Medical Center. Also, he is Director of the Clinical Hypertension Program in the Division of Nephrology and Hypertension. He received both his MD and PhD (Pharmacology) from the University of Pittsburgh. Dr. Wright completed his Internal Medicine residency at the University of Michigan. He is board certified in Internal Medicine and received subspecialty board certification in Clinical Pharmacology.

Dr. Wright's primary research interest is in the clinical pharmacology of antihypertensive and cholesterol lowering agents, especially in minority populations. He has published extensively in this area (over 300 articles, book chapters, and abstracts) and served on many national and international advisory panels.

Dr. Wright was selected for service on the three latest U.S. national hypertension guideline panels. He co-chaired the treatment section for the previous joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure, served on the panel that generated the 2014 U.S. hypertension guideline report, and currently serves on the hypertension guideline panel convened by the American Heart Association and American College of Cardiology.

DISCLOSURE STATEMENT

The University of Tennessee College of Medicine is committed to providing CME that is balanced, objective, and evidence based. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Essentials and Standards, all parties involved in content development are required to disclose any real or apparent conflicts of interest relating to the topics of this educational activity. The University of Tennessee College of Medicine has established mechanisms to resolve conflicts of interest should they arise. Any potential conflict of interest or off label use will be disclosed to the audience prior to the activity.

3 CME / CEU credits provided

AMA Credit Designation:

The University of Tennessee College of Medicine (UTCOM) designates this live activity for a maximum of 3 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education for Non-Physicians:

The UTCOM will issue Certificates of Participation to non-physicians for participating in this activity and designates it for CEUs using the national standard that 1 hour of educational instruction is awarded .1 CEU.

Accreditation:

The UTCOM is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

