

## AGENDA

### Friday, May 10, 2024

#### PACTS Poster Session and Reception

5:30 – 7:30 PM

### Saturday, May 11, 2024

8:00 – 8:30 AM Registration | Breakfast

8:30 - 8:45 AM Welcome | Introductions  
Opening Remarks Alicia Barnes, DO, MPH

8:45 – 9:45 AM Keynote Address:  
Navigating the Intersection of Social  
Justice and Mental Health Care: How  
We Collaboratively Overcome!  
Sarah Y. Vinson, MD

9:45 – 10:45 AM Suicide and Black Youth: Understanding  
the Impact of Trauma and Finding  
Solutions Jonathan Shepherd, MD

10:45 – 11:00 AM Break

11:00 – 12:00 PM Systems of Care: Building Strong  
Foundations For Child Mental Health,  
Forging a Path Forward Post-COVID  
Altha Stewart, MD

12:00 – 1:00 PM Lunch

1:00 – 2:45 PM Panel Discussion: Collaborative  
Approaches to Culturally Responsive  
Care for Adverse Childhood Experiences  
Sarah Vinson, MD  
Jonathan Shepherd, MD  
Altha Stewart, MD

2:45 – 3:00 PM Closing Remarks | Adjourn  
Alicia Barnes, DO, MPH

## ACTIVITY MEDICAL DIRECTOR

**Alicia Barnes, DO, MPH, FAACAP, FAPA**

Associate Director, Center for Youth Advocacy and Well-Being  
Associate Professor, Department of Psychiatry  
President, TN Academy of Child and Adolescent Psychiatry  
Assembly Representative to AACAP Executive Council

## REGISTRATION

There is no cost to attend this summit. However, space is limited, and advance registration is required. Online registration is available at:

<https://cenow.uthsc.edu/content/2024-psychiatric-advocacy-collaborative-teams-summit-pacts>



## ACTIVITY LOCATION

The University of Tennessee Health Science Center  
Student Alumni Center (SAC)  
Schreier Auditorium and Lobby  
800 Madison Avenue  
Memphis, TN 38163

## PARKING

Parking is available in the Student Alumni Center (SAC) G garage. The garage is located behind the SAC building with entrance from Manassas Street. Parking validation will be provided for participants parking in the garage. Additionally street level parking is available along South Dunlap Street and South Manassas Street.

## CONTACT INFORMATION

Pam Berry Banks, DHA  
Phone: 901.239.1098  
Email: [pberrybanks@gmail.com](mailto:pberrybanks@gmail.com)



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# 2024 Psychiatric-Advocacy Collaborative Teams Summit (PACTS) Bridging the Gap and Overcoming Disparities Post COVID

Center for Youth Advocacy and Well-Being

Hosted by the  
Tennessee Academy of Child & Adolescent Psychiatry



Friday, May 10, 2024  
5:30 – 7:30 PM  
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The University of Tennessee Health Science Center  
Student Alumni Center (SAC)  
Schreier Auditorium and Lobby  
800 Madison Avenue • Memphis, TN 38163



## OVERVIEW

The 2024 Psychiatric-Advocacy Collaborative Teams Summit (PACTS): Bridging the Gap and Overcoming Disparities Post COVID aims to bring present and future mental health providers and professionals together in a collaborative effort to improve the care and support for youth impacted by adverse childhood experiences. On the first day, Friday, May 10, attendees will participate in a poster session, where they can showcase their research and advancements in the field of mental health. This will take place from 5:30 pm until 7:30 pm to include a light reception. The second day, Saturday, May 11, will feature a keynote speaker who will further elucidate the conference's mission and inspire providers to collectively address the gaps and disparities exacerbated by the COVID-19 pandemic. There will also be a panel discussion, offering instructional content, focusing on topics such as suicidality and enhancing systems of care. Lunch will include a networking opportunity fostering effective collaboration, continuing the afternoon with more specialized discussions, centered around multiculturalism, with the shared goal of bridging existing gaps in mental health provision.

## EDUCATIONAL OBJECTIVES

- Identify social determinants impacting equity in mental health care for youth with a special emphasis on societal changes post COVID-19 pandemic.
- Explain ways to utilize professional standing to advocate for legislative and procedural change to promote socio-emotional well-being of youth.
- Describe factors that result in inequity in diagnosis and treatment of mental health issues in minority youth.
- Formulate plans to establish collaborative teams to assist in the management of mental health concerns in youth.
- Define how implicit bias can impact patient care in mental health settings.
- Increase communication with caregivers to improve care sustainability as part of the System of Care Approach.
- Apply knowledge to decrease the risk for patient suicide.
- Explain how a collaborative team approach could improve patient outcomes.

## DESIRED OUTCOME

The goal of the 2024 Psychiatric Advocacy Collaborative Teams Summit (PACTS) is to convene a group of local experts to discuss the various methods and strategies that healthcare professionals can implement in their daily practice to improve the care and support for youth impacted by adverse childhood experiences. The summit's overarching goal is to cultivate a deeper understanding of integrated behavioral health practices, emphasizing cultural competency and humility. PACTS aims to fortify the delivery of care within diverse communities, addressing existing shortcomings, and rectifying systemic disparities that hinder access to mental health services.

## KEYNOTE SPEAKER



### Sarah Y. Vinson, MD

Founder, Lorio Psych Group  
Professor and Chair, Department of Psychiatry  
Morehouse School of Medicine

*Sarah Y. Vinson, M.D. is a triple-board certified Harvard and Emory trained physician who specializes in adult, child and adolescent, and forensic psychiatry. After graduating from the University of Florida College of Medicine with Research Honors and as an Inductee in the Chapman Humanism Honors Society, she completed her general psychiatry training at Cambridge Health Alliance/Harvard Medical School. She then returned to the South to complete fellowships in both child and adolescent and forensic psychiatry at Emory University School of Medicine. In addition to providing mental health care services, such as psychotherapy, consultation, and psychopharmacology, through her private practice, Dr. Vinson is an Assistant Professor in Psychiatry at Morehouse School of Medicine and Adjunct Faculty at Emory University School of Medicine. She has been elected to statewide office by her professional peers in both the Georgia Psychiatric Physician's Association and the Georgia Council of Child and Adolescent Psychiatry, and currently serves on the boards of both organizations.*

## UT HEALTH SCIENCE CENTER FACULTY AND GUEST SPEAKERS



### Alicia Barnes, DO, MPH, FAACAP, FAPA

Associate Director, Center for Youth Advocacy and Well-Being Associate Professor, Department of Psychiatry  
President, TN Academy of Child and Adolescent Psychiatry  
Assembly Representative to AACAP Executive Council



### Jonathan Shepherd, MD

Chief Clinical Officer for the Dept. of Behavioral Health,  
District of Columbia  
President, Black Mental Health Alliance



### Altha J. Stewart, MD

Senior Associate Dean for Community Health Engagement  
Associate Professor and Chief of Social/Community  
Psychiatry; Director, Center for Youth Advocacy and  
Well-Being UT Health Science Center

## DISCLOSURE STATEMENT

The University of Tennessee College of Medicine is committed to providing CME that is balanced, objective, and evidence based. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Essentials and Standards, all parties involved in content development are required to disclose any real or apparent conflicts of interest relating to the topics of this educational activity. The University of Tennessee College of Medicine has established mechanisms to resolve conflicts of interest should they arise. Any potential conflict of interest or off label use will be disclosed to the audience prior to the activity.

### 5.75 CME / CEU credits provided



### AMA Credit Designation:

The University of Tennessee College of Medicine (UTCOCM) designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Continuing Education for

#### Non-Physicians:

The UTCOCM will issue Certificates of Participation to non-physicians for participating in this activity and designates it for CEUs using the national standard that 1 hour of educational instruction is awarded .1 CEU.

### Accreditation:

The UTCOCM is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## TARGET AUDIENCE

Physicians, Community Healthcare Providers, Nurses, Nurse Practitioners, Fellows, Residents, Medical Students, Social Workers, Child Psychiatrists / Psychologists, and anyone who works with children and their families

## POSTER SESSION

Showcase your research and insights on mental health by submitting your poster presentation, as we strive to bridge the gap and overcome disparities in a post-COVID world. Submission deadline by May 3, to [kjones73@uthsc.edu](mailto:kjones73@uthsc.edu). For questions you may call 901.448.9753.

*Supported by the AACAP/Assembly Advocacy and Collaboration Grant Awarded to Ladoris Warren, MD, Assistant Professor, Division of Child Psychiatry*